

# Advising Services

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## Taylor Elected as NACADA Commission Chair



CSCC has National Leadership, at a local level! Todd Taylor, Academic Advisor, has been elected as Two-Year Colleges Commission Chair (2011–2013) within the *National Academic Advising Association* (NACADA). NACADA promotes and supports quality academic advising in institutions of higher education to enhance the educational development of students. Todd describes NACADA as the single most important experience in his professional development and is honored to serve in his new role.

As a college student, Todd was both supported and challenged by his academic advisor. As a result of such guidance, Todd was able to link acquiring knowledge with success. Today, Todd's advising philosophy is based on a shared responsibility between the student and their Academic Advisor. Todd does not make choices for students. Instead, he provides options, references, and advice to help students make informed decisions. His goal is to help students make the most out of their college experience while connecting with their future plans.

Working within NACADA, Todd believes his exposure to different advising systems will allow him to introduce CSCC to best practices in Advising Services. During his two year term, he will have the opportunity to attend various regional and national conferences. He would like to share the research and ideas learned at the forums attended with Advising Services.

As Commission Chair, Todd will develop strategies to advance and improve advising for students at Two-Year Institutions. Todd will have a broad focus on building relationships and increasing communication amongst NACADA's commissions, committees, and advisory boards. As the face of advising at Two-Year Institutions, Todd hopes his experience will help CSCC become a benchmark institution for fostering student success.

### IMPORTANT DATES

May 7	Last Day to Remove Incompletes (I) from Winter
May 15	Application Opens for OSU Preferred Pathway
June 10	Graduation
June 22	Fees Due for Summer



## BLUEprint

A Series Of Student Success Workshops  
Sponsored By Advising Services

With the college's push to more substantive success initiatives, the Advising Services Office decided to be proactive towards this goal. Beginning this quarter, Advising Services will be sponsoring a series of workshops, *BLUEprint*, aimed at student success. For more information contact Todd Taylor ([taylor1@csc.edu](mailto:taylor1@csc.edu)) or Sharmaine Pechac ([spechac@csc.edu](mailto:spechac@csc.edu))

## Spring Quarter Workshops

**April 21, 2011**

*Tackling Test Anxiety*

**1pm Nestor 027 and 6pm Aquinas 120**

*Do you feel stressed or forgetful during tests?*

*Get strategies for test anxiety!*

**May 5, 2011**

*After the FAFSA: Now what?*

**11am Aquinas Hall 120**

*Did you submit a FAFSA? Get "In the Know" about what happens next!*

**May 19, 2011**

*Navigating the Associate of Arts & Science Degrees*

**1pm and 6pm Aquinas 120**

*Transfer planning to 4-year colleges*

**May 26, 2011**

*Tackling Test Anxiety*

**1pm Nestor 027 and 6pm Aquinas 120**

*Do you feel stressed or forgetful during tests?*

*Get strategies for test anxiety!*

## Tools & Resources

### Advising Services: How can we help you?

By Janet McDermott, Academic Advisor

#### Advising Services: How Can We Help You!

The Advising Services web site can answer your questions about advising and will provide you with helpful resources that enable you to be a successful student at Columbus State. One of these topics is how to overcome academic difficulty and how to brush up on your existing skills as a student. When you decided to come to Columbus State, you had an educational goal in mind for yourself. Just like with any goal, an unforeseen roadblock may have come up in your path. The problems we see most frequently include items related to financing college, study skills, college readiness, lack of time, or personal problems.

The first step towards overcoming your problem is to identify what your roadblock is. Then come up with approaches to get past this issue. Know that with some help, most students are able to get past their roadblocks and keep going towards their goal! Some students find that it helps them to think back to other life problems they have encountered and the strategies they used then to solve these problems. Often they were able to use the same skills with their current situation or use the past experience to keep a positive perspective of what you can achieve. Look over the following questions and then schedule an appointment to talk over your situation with an academic advisor. For a complete list of reflection questions please see our website:

#### THE COLLEGE EXPERIENCE

1. What are your strengths as a student? What went well for you with past academic experiences? What has gone well for you as a Columbus State student?
2. What are your long range goals? How is college a part of those goals? Why are you in college? What do you hope to achieve?
3. What distracts you from studying? Or attending class? How can you remove these distractions?

#### STUDY SKILLS/TIME MANAGEMENT

4. Study skills are skills like anything else. They can be improved upon with practice. What has given you trouble in the past? Is it tests, quizzes, homework, reading? How can you develop your skills in these areas like you have learned skills in other areas of your life?
5. Where do you study? Is there a better place that you could try to study?

#### LIFE OUTSIDE OF CLASS

6. What are your other life priorities? (Examples might include work or family obligations) Where is college on that priority list? What are you able to give up for a while in your life just until you finish college? What can be moved further down on your priority list just until college is over?

#### YOUR CLASSROOM EXPERIENCE

7. How has your college experience been the same or different from high school? What has surprised you about college? What about studying or being a student do you need help with now that you are in college?
8. What is your learning style? Do the types of courses you are taking match that learning style? (Examples include on-line courses, how often in a week you take a class, the types of classes you take together)

#### PLANNING FOR YOUR FUTURE

9. What is in your control that you could have done differently?
10. What future challenges do you foresee that you will face?

You may also find the following information on our web site to be helpful:

#### **Four steps to overcome your academic difficulty**

- Understand what your Academic Standing means
- Identify past problems and roadblocks
- Build on your strengths and gain further assistance
- Make a plan for future success

#### **Identifying Problems**

- Reflection Questions to help you identify your problem
- Meet with your academic advisor
- Meet with a career counselor
- Meet with a mental health counselor
- Meet with a financial aid advisor
- Policies related to past performance:
  - Fresh Start information
  - Administrative Withdrawal information

#### **Build on Strengths**

- Study skills tips and pointers
- Columbus State Tutoring Services
- Disability Services
- Writing Lab
- Speech Lab
- Math Tutoring
- Peer Tutoring

To see additional information please see our web site:

[www.csc.edu](http://www.csc.edu), Services for Students, Academic Advisors

#### **Advising Contacts**

For quick questions or to point you in the right direction, please feel free to contact us:

By Phone: (614) 287-2668  
Mon.-Thurs. 10am to 6pm,  
Fri. 10am to 3pm

By E-Mail:

[transfer@csc.edu](mailto:transfer@csc.edu) if you are an Associate of Arts/Associate of Science transfer, transient or undecided student

[techadv@csc.edu](mailto:techadv@csc.edu) if you are a Business/Engineering career and technical student

[hbps@csc.edu](mailto:hbps@csc.edu) if you are a Health, Human, and Public Services career and technical student